

Portland Metro Arts

Dance Class Uniform Attire

Every June, our students are invited to perform in an informal Open House Concert for family and friends. In lieu of expensive costumes, all participants wear their class uniform. The correct attire for the Open House Concert can be used as a guide when buying dancewear for class. Students are encouraged to wear their uniform in class, but may wear other similarly appropriate dancewear. If you have any questions about appropriate dancewear, consult your instructor.

Although dancewear requirements vary by class, a few general rules do apply. No costumes, tutus, jeans, boxer shorts or other baggy clothing are permitted. They compromise the safety of the dancer and prevent the instructor from seeing the line of the body and giving adequate correction. Failure to wear appropriate dancewear to class could result in students being asked to sit out the class. In cold weather a solid color dance sweater or fitted tee-shirt may be worn for warmth.

Hair Styles for Dance Students

For all dancers, hair should be pulled back away from the face. Long hair needs to be secured neatly in a bun and net or with a barrette. Short hair should be kept off the face with a headband or barrettes. Jewelry such as watches, bracelets, dangling earrings and rings should be left at home and not worn in class. Flying hair or jewelry can cause injury and interferes with class work. Staff will assist as needed.

Uniform Dancewear for Class

Recommended black tank leotards: Bloch CL5405, Mirella M315C or Danskin 2903

Pre-Dance 1 & 2

Girls-black tank leotard, pink tights, pink ballet slippers or bare feet

Boys-black tank leotard or white shirt, black tights or leggings, black ballet slippers or bare feet

Ballet 1 & 2

Girls-black tank leotard, pink tights, pink ballet slippers

Boys-black tank leotard or white shirt, black tights or leggings, black ballet slippers

Ballet 3

Girls- class uniform burgundy Mirella M207L, pink tights, pink ballet slippers

Boys-black tank leotard or white shirt, black tights, black ballet slippers

Ballet 4

Girls- class uniform black Danskin 2908, pink tights, pink ballet slippers

Boys-black tank leotard or white shirt, black tights, black or white ballet slippers

Ballet 5

Girls- class uniform black Motionwear 2521, pink tights, pink ballet slippers

Boys-black tank leotard or white shirt, black tights, black or white ballet slippers

Adult Ballet 1, 2 & 3

Women- solid color leotard, pink tights, pink ballet slippers, black leggings, overights or demi-skirts ok

Men-solid color shirt, black tights or leggings, black ballet slippers

Jazz 1 & 2 and Hip Hop 1 & 2

Both-Black leggings, sweatpants or stirrup tights and a solid color leotard or plain t-shirt.

Modern

Women-Solid color leotard, black leggings, sweatpants or stirrup tights, barefeet

Men-Solid color shirt or leotard, black leggings, sweatpants or stirrup tights, barefeet

Tap 1 & 2

Girls-black tank leotard or plain white t-shirt, black shorts or leggings, black tap shoes

Boys-black tank leotard or white shirt, black shorts or leggings, black tap shoes